Complete and mail these forms within two weeks of registering for your COAR trip to:
UVA Outdoor Recreation
PO Box 400317
Charlottesville, VA 22904

*Participants under the age of 18 must have a parent or legal guardian signature on both forms.

STATEMENT OF UNDERSTANDING

The undersigned hereby acknowledges and agrees that:

1. ________________________________ (*herein referred to as “participant”*) expects and intends to participate in one or more Intramural-Recreational Sports Outdoor Recreation Program activities during the academic year, following the execution of this statement of understanding.

2. In consideration of the University’s sponsorship and direction of this Intramural-Recreational Sports Outdoor Recreation Program activity, the Participant hereby states that he/she has read and understands the terms and conditions of this statement of understanding and specifically agrees to be bound thereby.

3. The participant understands and acknowledges that there are specific risks of injury to a person and/or property that are associated with Intramural-Recreational Sports activities. Participant specifically agrees to and voluntarily assumes the risk of such injuries, and hereby certifies and represents that participant will have appropriate personal accident/health insurance coverage during the period of each such activity.

4. The participant understands and acknowledges that the University of Virginia assumes no liability for personal injuries or property damages to participants or to third persons arising out of Intramural-Recreational Sports Outdoor Recreation Program Activities, except to the extent that such liability is imposed by law. Participant agrees to indemnify and save the University of Virginia harmless from any liability arising out of the acts or omissions of participant during any such Intramural-Recreational Sports Outdoor Recreation Program activity, subject to any limitations or restrictions against such indemnification that are imposed by law. Participant will abide by all state and federal law and University policy including the non-use of alcohol or controlled substances.

SIGNATURE AND DATE:

_______________________________________________________

*Participants under the age of 18 must have a parent or legal guardian signature (BELOW).

SIGNATURE AND DATE:

_______________________________________________________
MEDICAL HISTORY FORM

Name: ___________________________  Today’s Date: ___________________________

Address: ____________________________________________  City: ____________________
State: _____________________  Zip: ______________________

E-mail: ___________________________  Telephone: ( ) ___________  Work: ( ) _______

Date of birth: ________________  Height: ___________  Weight: ___________  Gender: [ ] Male  [ ] Female

Emergency contact: ___________________________________________  Phone: ____________

Insurance: It is University policy that each participant be covered by his/her own sickness and accident insurance.
Name of insurance company: ___________________________________________
Policy or certificate number: ___________________________________________

- Special Diet Considerations: ___________________________________________
- List Known Allergies: _______________________________________________
- Required Medications: _______________________________________________

- Are you allergic to bee stings? ________________  Do you carry a bee sting kit? ________________

Have you had or do you now have (check box if yes and give dates and details below):

- Diabetes [ ]  Asthma [ ]  Epilepsy [ ]  Drug Reactions [ ]
- Chest Pains [ ]  Angina [ ]  High Blood Pressure [ ]  Heart Murmur [ ]
- Back, shoulder, knee or other joint problems [ ]

- Are you pregnant? ________________
- Heart Attack (if yes, explain and include date): __________________________
- Have you ever had any serious disease or surgery? (If yes, explain and include date): __________________________
- Has any physician advised you to limit your activity? (If yes, explain and include date): __________________________
- Do you have any other medical conditions that might affect your ability to participate in this program? ___________________________________________

The information provided above is a complete and accurate statement of the physical and psychological factors that may affect my participation in a program. I realize that failure to disclose information could result in serious harm to me and other participants. I agree to hold UVA Outdoor Recreation, the Department of Intramural – Recreational Sports, and the University of Virginia harmless from any liability, claim or expense resulting, directly or indirectly, from my failure to disclose relevant information. This information will be kept confidential except in case of emergency. In case of emergency, I consent to the release of medical records and accident report forms to insurance companies, my employer, or any agency deemed appropriate.

Signature (if under 18, parent / guardian signature required below) ___________________________  Date ___________________________

Parent / Guardian Signature ___________________________  Date ___________________________