Intramural and Recreational Sports Mission and Core Values

Mission Statement: We serve the University through first-class recreational engagement that fosters wellness, impacts lives, and generates long-lasting memories.

Job Description: Group Fitness Instructor

Team Member Core Values:

- Exceptional Quality – We hold ourselves to the highest standards in all services provided. We strive to exceed the expectations of those we serve.
- Life-Long Learning - We value active learning to enhance social inclusion, citizenship, and personal development.
- Teamwork - We work together effectively to achieve goals, while encouraging individual contribution and responsibility.
- Integrity - We take responsibility for our actions. We will communicate openly & honestly to build relationships based on trust, respect, and caring.
- Play – We are serious about making "living well" fun.

Team Members Responsibility:

- Take Pride in being a Student Employee in the IM-Rec Sports Department.
- Establish a positive rapport and relationship with Student and Departmental Staff, Members, and Guest of the Facility.
- Promote Exceptional Customer Service to create a positive environment for members and guests.
- Take Initiative, be proactive, and be confident in decision making.
- Be proactive and prepared to respond to all emergency situations and follow procedure/protocol for pre and post Incident/Accident.
- Maintain a Standard of Excellence in professionalism and cleanliness.
- Serve as a key link between Members and Full-Time Staff by the enforcement of policies and procedures.

Area Specific Responsibilities:

- Lead group fitness classes in accordance with national certification guidelines.
- Lead and/or instruct fitness workshops and seminars.
- Communicate effectively with class participants.
- Responsible for verification of all class participants.

Requirements/Qualifications:

- Experience leading group exercise classes.
- Excellent verbal communication.
- Hold a national certification in group exercise instruction or specialty course.
- Knowledgeable on appropriate exercises for all populations.
- Proficient with Microsoft Office.
- Willingness to learn and adapt as new tasks and opportunities arise.
- Promote GREAT customer service in a RESPECTFUL environment.

Expressed Benefits:

- Begins at $10.00/hr.
- Flexible scheduling.