DRIVING DIRECTIONS:
791 Morven Dr. Charlottesville, VA 22902
From I-64, take Exit 121A (Rte 20 South/Scottsville) and follow signs to Monticello, turning left on Rte 53/Thomas Jefferson Parkway. From Monticello, continue east on Thomas Jefferson Parkway (Rte 53), after passing the church with a red roof, you will bear right on James Monroe Parkway (Rte 795) and continue past Ash Lawn-Highland for 1.4 miles. Entrance to Morven is on the right, noted by the “Morven” sign along a stone wall.

Volksmarching (from German Volksmarsch meaning “peoples’ march”) is a form of non-competitive fitness walking that developed in Europe. Participants typically walk 10 kilometers (6.2 miles) or 5 kilometers (3.1 miles) on an outdoor path. More of a social event and healthy outing as opposed to a competition, routes frequently involve interpretative sites of interests in a wide range of categories.

SPONSOR: Cavalier Volkssporting Club

HOST: University of Virginia Foundation’s Morven Farm
791 Morven Drive, Charlottesville, Virginia 22902
www.uvafoundation.com/morven

recsports.virginia.edu/morven
**PROCEDURES:** At the start point, all participants will be issued their own start card, which must be signed and personally presented at the control points. The individual start cards will be turned in at the awards table after completing the event.

**CONDITIONS:** Water and restrooms will be available near the start/finish and at one location along the trail. The event will be held, rain or shine (no refunds)!

**COURSE DESCRIPTION:** Welcome to Morven Farm in Albemarle County, Virginia, a state and National Historic Landmark. Once home to Native American tribes, Morven has been passed through the hands of many owners including Thomas Jefferson, who purchased it on behalf of William Short, the Stone Family and Philanthropist John Kluge. Morven is currently owned by the University of Virginia Foundation, who received the property as a gift from Kluge in 2001 to be used for educational and charitable purposes while maintaining the character of a traditional Albemarle County estate. We will be offering two routes (5K & 10K) through the breathtaking landscape of Morven Farm. Sites to see along the way include the Main House, Meeting Barn, Formal Gardens that include the largest Chinese Chestnut tree in Virginia and thousands of spring blooming tulips. Both routes consist of mainly paved roads or gravel paths with an occasional stroll through grassy fields. The trails are both rated 2B and the cumulative elevation gain for the 10K is 875 ft. while the 5K is 589 ft. Neither trail is wheelchair accessible although both are suitable for strollers. Leashed pets are welcome to join in on the walk (please clean-up after them).

**DISCLAIMER OF LIABILITY:** The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

**FOR FURTHER INFORMATION:** cavaliervolkssporting@virginia.edu; 434-924-3791 or www.ava.org > Events

**AVA SPECIAL PROGRAMS:** The 10K will qualify for the following special events: Walking USA A-Z and Walking the United States.